FACT SHEET: <u>TRAINED FAMILIES VASTLY IMPROVE RECOVERY RATES OF A LOVED ONE WITH SUBSTANCE USE DISORDER</u>

The Impact of Substance Use Disorder (SUD) in the U.S.

- **48 million** Americans battled substance use disorder last year.
- **Half of U.S. families** have a loved one struggling with addiction.

Why Training Families Matters

- Families trained in the **CRAFT method** (Community Reinforcement and Family Training) are the most efficient way to build bridges to treatment and recovery for their loved ones.
- **67% (2 out of 3) of CRAFT-trained families** get their loved one into treatment—**far outperforming other approaches.**
- A loved one **stays in recovery six times longer** when their family is trained in CRAFT.
- **Two-thirds of trained families** see their loved one's substance use decrease.
- **95-99% of trained families** report improved communication with their loved one.
- When a loved one gets into recovery, **other family members' healthcare costs are reduced by 25%.**

How CRAFT Works

- Families are trained to **reinforce positive behaviors, reduce harm, and maintain engagement in care and recovery.**

About Allies in Recovery

- **20 years of experience** training thousands of families in the CRAFT approach.
- Provides an **online, mixed-media program** with live support, training, videos, and more.
- **Low-cost solution:** As little as **$26 per family per year.**
- **Available for organizations:** States, counties, hospitals, and health programs can purchase institutional memberships.
- **No insurance reimbursement currently exists** for family training.

Learn More & Get Involved

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Sources: US National Survey on Drug Use and Health; https://pubmed.ncbi.nlm.nih.gov/10535235/ ; https://www.pewresearch.org/short-reads/2017/10/26/nearly-half-of-americans-have-a-family-member-or-close-friend-whos-been-addicted-to-drugs/ ;
https://pubmed.ncbi.nlm.nih.gov/20491730/